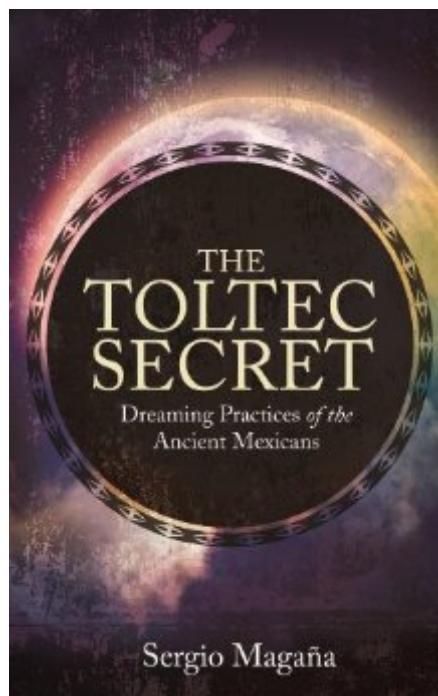


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# The Toltec Secret: Dreaming Practices Of The Ancient Mexicans



## **Synopsis**

In this remarkable book, the renowned Mexican healer Sergio Magaña reveals the fascinating secrets of the ancient Toltec tradition. Closed to outsiders until now, this rich spiritual tradition is over 5,000 years old. The original holders of this secret knowledge, the Chichimeca, were considered to be masters, with a deep understanding of the dream state and a working knowledge of how our perceptions form our reality, as well as the capacity to influence matter. The Toltec Secret reveals the incredibly powerful rituals and symbols that will enable you to: become lucid in your dreams, create your life through your dreams like the Toltecs did, send healing to others while in the dreaming state, communicate with your ancestors, develop your intuition and use Toltec techniques to see the aura, heal and rejuvenate your body by connecting with the energy of the sun, use the mysterious obsidian mirror for healing yourself and others, practise the powerful dances of the Toltecs and Mexicas.

## **Book Information**

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## **Customer Reviews**

This book by Sergio Mangana comes from someone who is very much connected to the ethnicity and language of the so-called Toltec Path.. Sergio is clear about the fact that there is a lot of

confusion around all things "Mayan" and "Toltec" as the revolutionary information mostly came from the Westerners who interpreted it and wrote books. We need to have an indigenous view in order to deepen and expand our understanding, but it is hard to come by as the native practitioners didn't write things down - it seemed preposterous in light of a strictly pragmatic approach to which this way adheres. However, now that there has been plenty of literature we need to have a view from someone who is connected to the indigenous past, and Sergio is. Practices presented in the book would probably fall within the parameters of the "old" way, and although in my opinion they don't have the high flight of the "new seers" way of Don Juan, they are very valid and as profound as any other ancient tradition that has been passed down to us through the millennia, and with that Sergio is asking you to try them out, under the guidance of a qualified instructor, of course. The outline of the 4 Tetzcotlipoka of the Mexhica tradition, the various stages of dreaming, as well as the different animal attentions that are being trained (jaguar, hummingbird, etc. etc.) is important as we get to see this whole way through the eyes of the people from whence it came. Also, I was happy to know that the language used is Nahuatl, as there is no specific mention of that in the Carlos Castaneda books, and that of course just adds to the mystery. However, there is no need to be overly mysterious - save the time and get to work.

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